

Jaime Escalante Worksheet

Determine Your Self-Image

Meditate on Escalante’s words and the principles they represent. Then apply them to your life; they will help you determine your self-image.

DETERMINE YOUR SELF-IMAGE

*The greatest thing you have is your self image, a positive opinion of yourself. You must never let anyone take it from you. **Ask yourself:***

What is the best way for me to protect my self-image, to fight off the negative forces and ensure that it stays positive?

DECLARE HIGH EXPECTATIONS

*If we expect kids to be losers they will be losers; if we expect them to be winners they will be winners. They rise, or fall, to the level of the expectations of those around them, especially their parents and their teachers. **Ask yourself:***

How can I manage my expectations in ways that make me a winner — not a loser — and how can I help those around me keep their expectations as high as possible?

DEVELOP YOUR FUTURE

*. . . I tell my students, you do not enter the future - you create the future. The future is created through hard work. **Ask yourself:***

What steps can you take TODAY to make sure you’re creating a bright future for yourself?