



Mary Antin Worksheet

Be Motivated By Your Vision

In 1894 Mary Antin's dream of an American education was consummated within a few months on her first day of school, which she later described in her book "The Promised Land". Motivated by her vision, Antin excelled in the classroom and beyond. She went on to attend Teachers College of Columbia University and Barnard College and became a popular author and lecturer to audiences across America. Like her, your vision will motivate your success as you ask yourself the 4 M's:

WHAT MOTIVATES ME? Seek to understand what really drives you — the thing you care most about. **How can you spend as much time and energy on it as you can (time of day etc.)?**

WHERE IS MY MOUNTAIN? — What is a major obstacle, both internal and external?

External Challenges

Internal Challenges

WHO IS MY MENTOR? — Mary Antin had her father. **If you don't have a supportive parent, who is the one you can count on to pull you through?**

WHEN IS MY MOMENT? — What would your transformative moment or turning point look like?